National Obesity Management Programme

**Summer School on Overweight and Obesity**

**Improving care for people who are overweight – are we there yet?**

In 2017, the RCPI published a document entitled ‘Obesity - the race we don’t want to win.’

This was effective in communicating key information regarding the continuing emergence of overweight as an issue for Irish Society, and in attracting considerable public and political interest.

The theme for Summer School 2019 resonates with ‘Obesity - the race we don’t want to win.’

It seeks to engage with people who are overweight, and encourage interaction between those who have an interest and responsibility for providing medical care for people who are overweight, and those people who are interested in this and /or who are likely to benefit from this care.

Date: 29th August 2 – 6 pm Venue: RCPI at No 6 Kildare St, Dublin Accredited for 3 CPD Credits

This is a Pop Up Summer School with limited capacity. Registration is free, but requires to be booked, and registration is on a first come / first served basis, by registering on **www.rcpi.ie**

Agenda & Running Order

2.00 Opening Comments & Welcome Prof Donal O’Shea & Dr Brendan O’Shea.

2.15 **Presentation 1** with Q’s and A’s **Focus on Community Medical Care** (Principles)

What should people attending community medical services expect and what do they get?

1-2 X 5 min focused presentations followed by Qs and A’s

Dr Fionnuala McAuliffe - Prenatal and Perinatal Care

Dr Brendan O’ Shea - The view from General Practice & Primary Care

This session will include review of current practice and relevant best evidence in prenatal and primary care management, in the contexts of prevention, earlier identification, and improving initial management of overweight and obesity, and with reference to

operationalising Healthy Ireland and Slaintecare policy in routine

consulting. Session will allow adequate time for those attending to contribute their observations, based on their own clinical and personal experiences.

2.45 **Presentation 2** with Q’s and A’s **Focus on Hospital Care** (Capacity Issues)

What should people attending hospital services expect and what do they get?

1-2 X 5 min focused presentations followed by Qs and A’s

Prof Michael Turner - The View from Maternity Services

Prof Helen Heneghan - Moving points in Bariatric Surgery

Session will include review of current practice and relevant best evidence in obstetric and surgical care, in the context of pregnant women, and of people likely to benefit from surgical management of obesity, with particular reference to current capacity in the context of patient need.

3.15 Water and Fruit Break

3.30 **Panel Discussion** **The Patient’s Perspective**

Facilitator Dr Jean O’Connell (ASOI)(Assoc. for Study of Obesity Ireland)

Reflection on Stigma and overweight

2-3 each of ASOI Team & Patient Representatives with Qs & A’s.

This session will include an elaboration on the genesis, impact

and prevention of stigma in routine clinical care for people who are overweight, and will be substantially resourced by

people who have direct experience and personal observation

from within the health system.

4.00 **Obesity Clinical Advisory Group** **Summary Recommendations Obesity CAG 2019**

Focused Presentation followed by Q’s and A’s

Prof Donal O’Shea, Obesity Lead HSE

This session will include a consideration of

projected requirements within the Irish Health System, together with invitation and opportunity for attending

members of the public and relevant experts to comment and

input directly with Prof O’Shea and attending members of the

RCPI Obesity CAG.

4.30 **Presentation 3** **with Q&A’s** **What the Future Holds & Whole of Society Response**

Prof Greg Pastores - Summary of key scientific developments, with emphasis on genetics and pharmacotherapy

Louise O’Reilly, TD and Sinn Fein Health Spokesperson

Political perspectives

This session will focus on relevant future therapies relevant to overweight & obesity, together with reflections on political process, the current health system, & how it can it can that evidence based recommendations are acted on.

5.15 **Personal Resolution Session** Buzzgroups and Plenary

Delegates will get into Buzzgroups and formulate personal undertakings for action on Summer School Themes

5.30 **Concluding Comments & Close** Improving medical care for people who are overweight....

The Next Steps to take.....

5 minute Focused Powerpoint

Kate O’Flaherty, Department of Health (tbc).

(Chair of the Obesity Policy Oversight Group)

**Closing Comments**

Prof Donal O’Shea & Dr Brendan O’Shea.

This event is supported by The RCPI & the HSE (HSE & RCPI Communications, HEAL, START & MECC Programs).

**Speaker Biographies**

Prof Donal O’ Shea is Specialist in Endocrinology, is HSE Obesity Lead, a CAG Member, has extensive experience in clinical care of overweight and obesity, as well as an international reputation in obesity research. His appointments include St Columcilles and St Vincents Hospital, and University College Dublin

Dr Brendan O’ Shea is a General Practitioner, fellow at The RCGP, and is Asst. Adj Professor at Trinity College. Academic commitments include primary care research in overweight and obesity, and he currently Chairs the RCPI CAG on Obesity.

Prof Michael Turner is presently UCD Chair for Obstetrics and Gynaecology at The Coombe Hospital where he previously served as Master. He has an international reputation in obstetric research, including work on overweight, and he is also a member of the Obesity CAG.

Prof Helen Heneghan is newly appointed Chair of Surgery at UCD, is Specialist in Bariatric and Endocrine Surgery, and is a member of the Obesity CAG. Her work includes research into the genetics of overweight and breast cancer

Prof Fionnuala McAuliffe is Prof of Obstetrics & Specialist in Perinatal Medicine. She is Director at the UCD Perinatal Research Centre & member of RCPI Obesity CAG, with special interest in diabetes & overweight in pregnancy.

Dr Jean O’ Connell is Chair and Joint Education lead at the Association for Study of Obesity in Ireland, is a member of the RCPI Obesity CAG, and is Specialist in Endocrinology,Obesity and Metabolic Disease at St Columcille’s Hospital and The Blackrock Clinic.

Prof Greg Pastores is Specialist in Inherited Metabolic Conditions at the Mater Hospital, working there, and at Temple Street Children’s Hospital. He has previously conducted research into Medical Genetics at The Mayo Clinic and is a member of the RCPI Obesity CAG.

Deputy Louise O Reilly is currently Sinn Fein Spokesperson on Health, and has experience as a member of The Oireachtas Committee on Health and on The Repeal of the VIIth Amendment. She has previously worked with organised labour at SIPTU.

Ms Kate O’ Flaherty works at the Department of Health, where she is Chair of the Obesity Policy Oversight Group. Her responsibilities and interests relate to prevention, and to the Healthy Ireland policy.