

IS YOUR HEAD WRECKED?



Feeling low or unmotivated?

HeadsUp can support you finding your spark again
A programme for men aged 18-24yrs

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HeadsUp
KILDARE

**HeadsUp starts September
in Kildare Town and Athy.**



An Roinn Leanaí
agus Gnóthaí Óige
Department of Children
and Youth Affairs



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accounts fund